



## 2010 SYDNEY MARATHON AND HALF-MARATHON

**September 10-20, 2010**

The Sydney Marathon and Half-Marathon is limited to 20 Adventurers

**September 10** – Our Adventure begins at LAX airport, where the group will depart on our overnight trip for Sydney. We will lose a day crossing the International Dateline and arrive on September 12, 2009.

**September 12** – The first full day of our Adventure begins upon arrival at Sydney Airport. We arrive early in the morning and will travel into Sydney for a hearty breakfast near our hotel. Following breakfast we will tour the Sydney area and the Marathon Course. Following our tour we should be able to check into our hotel and rest our well traveled bodies. The afternoon and evening will be yours. However, feel free to join the Adventurer Guides for an optional and easy afternoon run by the Sydney Opera House and Royal Botanical Gardens.

**September 13** – Today begins with a light optional morning run to loosen the legs. We will run a short section of the marathon course, covering roughly 5 miles. Following the run, we'll meet for breakfast in the hotel. Mid-morning we'll find ourselves at the infamous Sydney Harbour Bridge for the breathtaking Bridge Climb. Upon reaching the top you'll be rewarded with a panoramic view of Sydney Harbour. We'll walk from our bridge climb through "The Rocks", an historic section of Sydney known for its small taverns and shopping, back to our hotel, where you'll have the remainder of the afternoon and evening at your leisure.

**September 14** – Today we begin with an optional morning run, where we'll run another section of the Marathon Course (roughly 6 miles). Following the morning run, we'll enjoy breakfast at the hotel. Then we'll head to Bondi Beach for a relaxing day (please note that Bondi Beach, as are most beaches outside the U.S., is top-optional. I just don't want anyone to be startled or offended, for that matter, upon arrival and seeing women without tops). In addition to the beach, this will be an excellent opportunity to find some souvenirs or gifts for your loved ones.

**September 15** – Today we begin with an optional run, covering a fourth section of the Marathon Course, which will be followed by breakfast at the hotel. Then it's off to the Blue Mountains, just a hop-skip and a jump outside of Sydney. We'll spend the day exploring famous sites such as the Three Sisters, riding the Katoomba Scenic Railway and hiking The Giant Staircase. We'll return mid-afternoon where you'll have the remainder of the day at your leisure.

**September 16** – Today we'll have an optional morning run. After breakfast at the hotel, the morning will be yours. That evening we'll enjoy dinner at a restaurant near the Sydney Opera House and then take in a production at the Sydney Opera House

*"Make Life an Adventure, 26.2 miles at a time."™*



**September 17**– Today we begin with our last optional morning run, where we'll run the final section of the Marathon Course (roughly 5 miles). Following the morning run, we'll enjoy breakfast at the hotel. Then we'll walk a few blocks to the Packet Pick-up. The remainder of the day will be at your disposal.

**September 18** – Today is a rest day. However, Marathon Adventures staff will be available to help you arrange for optional 1/2 day tours. Some great ideas include heading to Taronga Zoo, the Sydney Aquarium or Sydney Olympic Park.

**September 19** – RACE DAY - We will meet in the hotel lobby and head as a group to the race start on the North side of Sydney Harbour. Following your race, Marathon Adventures staff will be just outside the finish with your warm-up gear and will direct you through the finish area to pick up your medal, finisher's t-shirt and refreshments. They will also then shuttle you back to the hotel.

The afternoon will be yours to relax at the hotel, soak in the jacuzzi, or create your own adventure. We will meet in the hotel lobby in the evening and head over to Darling Harbour's Cockle Bay Wharf for a post race dinner and celebration.

**September 20** – We meet in the hotel for our last breakfast and then it's off to the airport for our return flight home. We gain a day on our trip home, arriving in Los Angeles "before" we departed Sydney.

**Price:** \$2,750 Double Occupancy

**Price Includes:** Round Trip Airfare from Los Angeles or San Francisco to Sydney  
Airport Transfers  
Race Transfer  
8 Nights at a local Hostel  
Sydney Race Entry Fee  
Sydney Harbour Bridge Climb  
Blue Mountains Tour  
Sydney Opera House Show  
Dinner at Cockle Bay Wharf  
Dinner cruise  
Transfers to Beaches, Shopping